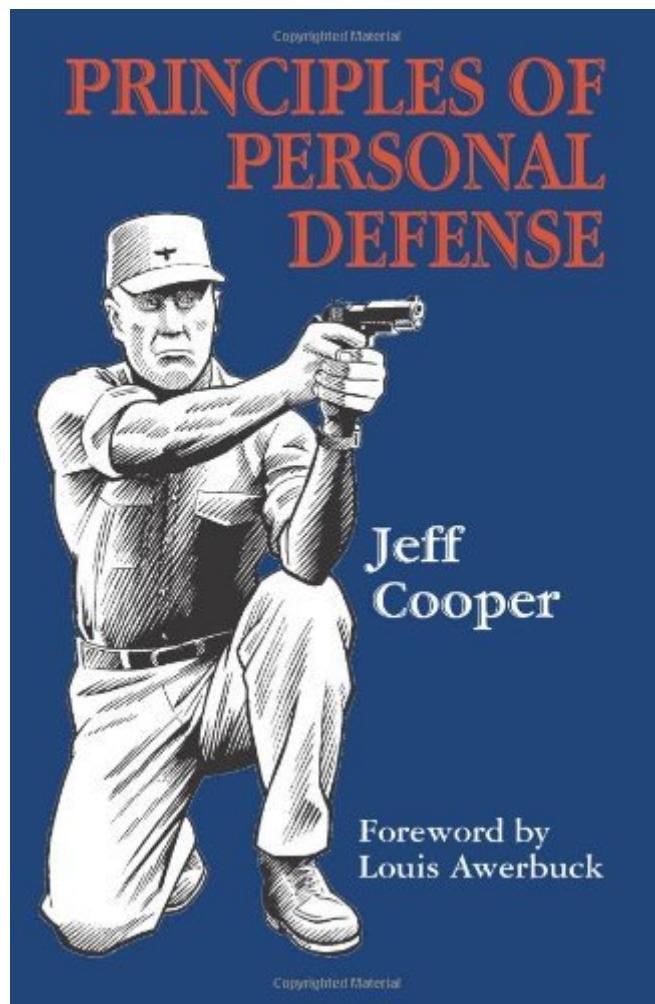


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# Principles Of Personal Defense



## **Synopsis**

This new edition of Cooper's classic Principles of Personal Defense - with a fitting tribute by firearms expert Louis Awerbuck and all-new drawings by renowned illustrator Paul Kirchner - presents his timeless theory of individual defensive behavior clearly, concisely and practically. All free people who aspire to stay that way should read, study and share the wisdom found within these pages. Considered by many to be one of the greatest books on combat mindset and proper defensive mental conditioning ever written, it deserves a place of honor in every library.

## **Book Information**

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## **Customer Reviews**

Brevity has its own value and this book fills an important niche by offering up profoundly practical advice on personal defense in a concise and unprotracted manner. Personally, reading this short book is as close as I'll ever get to sitting down with Colonel Cooper for a short chat about his thoughts on personal defense. I can almost imagine his voice as I read this book and his personality shows through. This book serves as a wonderful introduction to Colonel Cooper or as a personal defense primer that ANYONE can pick up and read quickly. It will leave most readers looking for

more! I would absolutely feel comfortable recommending this book to even my mother without overwhelming her. There are very few books on this subject that would do well with that assignment. Considerations: - Yes, there are other, more extensive works available by Colonel Cooper, but at this time only four are available for the Kindle. If you are looking for something with a little more content, check out: [A To Ride, Shoot Straight, And Speak The Truth - Is it worth \\$9.99?](#) That's up to you. What is sage advice really worth? The book I just recommended (To Ride, Shoot Straight, And Speak the Truth) will set you back more than \$25, making this book look like a steal. - Formatting and copy-editing are definitely substandard. There are a number of spacing and punctuation errors throughout. It's not like the book is too long to properly lay-out and proof. For the price, we should be getting a polished final product and frankly, Colonel Cooper's words deserve to be treated better. These errors do not make the text unreadable, just slightly annoying. In my opinion, the content and uniquely brief format of this book combine to trump the aforementioned considerations. I wholeheartedly recommend this book and will be buying it for my family and friends in the years to come. If you enjoy reading about personal security and tactics, I also recommend [A Tactical Bible Stories: Personal Security Tips from the Bible](#) for unique perspective and practical advice for keeping you and your family safe in dangerous times.

When I was thinking of what type of person should read this book, I really struggled to ID a "type" of person. Then it struck me - everyone needs to read this. There are some people who are already geared up and thinking along these lines. I am one of those persons who tries to maintain situation awareness wherever I go, but Col. Cooper really put my mind in the game. He covers the full mental spectrum of personal defense. Listen, it doesn't matter where you carry concealed or not, it doesn't matter if you even support the act of carrying concealed. This book isn't about that. This book is about you coming out on the other end of a personal attack alive, able to go home to your family. Able to see your kids another day. Able to see your wife or husband another day (Hopefully you want that...) able to see your brother or sister, mother or father again. This world we live in today isn't like it was 60 years ago. Today people will take from you because they believe they can. Today people don't have a respect and love for human life - other human life. So in light of that truth you should get this book. Yes, I'm talking to you. On the fence, still wanting to believe that "nothing could happen to you". Well I thought that myself and in a small town in a big state I was proven wrong, when a man with a disregard for human life took my mother's life. I wonder how she would have fared had she had the mind that Col Cooper shared with us. Maybe the result would have been the same maybe it would not have been, I will never know. But what I do know is that this world, even

small little towns have people with evil intent in their hearts. What will be your response when your path crosses theirs? Here is another fact, your chance for survival increases exponentially when you do counter-attack with surprise, speed, and violence of force, the chances of you seeing those you love another day do increase. This is the area Col. Cooper covers. He doesn't talk about the "How", he talks about the state of mind you need to be in to protect yourself and those you love.

I have a concealed carry license - but that is only part of the defense. How to approach defense, how to enact defense, and the overall understanding of defense is beautifully and concisely written here.

This is a bible for people who want to understand the mentality needed for personal preservation and defense. In a time where most of society has been emasculated into thinking that either threats don't exist, or the gov't should and will rush to our aid if such an event were ever to occur, 'Principles of Personal Defense' dispels such notions, and impresses upon the reader the need for taking personal responsibility for ones own safety. It doesn't discuss weapons, or training per say, but mindset - which is the foundation for both. I read it in about 2 Hrs.

Classic tough love from the master pistolero of the 20th Century. If you can't face the facts he presents, you really should stay home and watch TV. The world can be a brutal place, and when you strip off the anecdote you are left with the facts Col Cooper presents. This is not a book on gun technique but one that takes all the varnish off and leaves you with a way to monitor your surroundings and how to react to a threat you identify in time.

If you are looking for techniques this book is not for you. This book deals with the necessary mindset and principles not specific defensive tactics. But it does that well.

Kiss. Keep it simple stupid. This book is great, short and to the point. It does not try to fill your mind with jargon. What it does do is the reader simple steps to protect themselves. It may seem a bit pricy for such a short book..... but you get what you pay for. Read it.

Col. Cooper wrote this "booklet" in simple, "everyday" language. This is one of those "learning aids" that as you read it, you think to yourself "... well that makes sense" or "hmmmm, that's what I thought".

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